



Specialty Care Tailored to Runners

Comprehensive care for all athletes

Successfully treating runners takes a team of dedicated clinical professionals with extensive experience in working with athletes.

That's why the Northwestern Medicine Running Medicine Clinic uses a multidisciplinary team of professionals from several different specialties. Our team focuses on patient education, injury prevention, and the diagnosis and treatment of acute and chronic running injuries.

The initial running evaluation includes:

Assessing your health history with a physician

Establishing your running goals

Discussing your injury concerns

Considering relevant diagnostic testing, such as X-rays, magnetic resonance imaging (MRI), and electromyogram and nerve conduction studies—electrical tests of your nerves and muscles

Our goal is to keep you running. The Running Medicine Clinic has the tools and resources you need to help you achieve your goals.

For more information or to make an appointment, please call 630.225.BONE (2663).

TTY for those who are deaf or hard of hearing: 711.

○ Additional Information

Northwestern Medicine Running Medicine Clinic

Collaborating specialties:

Athletic training
Chiropractic medicine
Exercise physiology
Orthopaedic surgery
Physiatry
Physical therapy
Podiatry
Sports medicine
Sports nutrition
Sports psychology

Locations

Bloomingtondale
Geneva
Glen Ellyn
Naperville
St. Charles
Sycamore
Warrenville
Wheaton
Winfield