

Caring for Patients With COVID-19:

4 Required Types of PPE



Eye Protection

- Personal eyeglasses do not provide adequate protection from COVID-19
- Goggles can be safely worn over glasses
- A full face shield protects areas of the body where virus can enter: eyes, nose, mouth

Face Mask

- Face masks, which may be referred to as medical or surgical masks, protect against respiratory droplets
- Aerosol-generating procedures require the use of a filtering facepiece respirator (FFR), such as an N95 respirator, which filters 95% of airborne particles
- An FFR has a rating that indicates filtering efficiency level

Clean, non-sterile gloves

- Type depends on the task
- Some types can interact negatively with certain medications

Isolation gowns

- Gowns are easier to put on and remove than one-piece coveralls, which are less commonly worn.

Sources:

Centers for Disease Control and Prevention
[cdc.gov/niosh/npptl/topics/respirators/disp_part/default.html](https://www.cdc.gov/niosh/npptl/topics/respirators/disp_part/default.html)
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