



# Orange Cilantro Water and Cucumber Ginger Spearmint Water

## **Orange Cilantro Water**

64 ounces water  
1 medium orange, sliced and halved  
2 tablespoons roughly chopped cilantro  
64 ounces water

## **Cucumber Ginger Spearmint Water**

½ medium cucumber, peeled and sliced into ½ inch slices  
½ inch washed ginger root, sliced into 4 slices (peeling is not necessary)  
1 spearmint tea bag, remove paper tag

### **Preparation of both recipes**

Fill a vessel with water. Add ingredients and let steep for 30 minutes to 1 hour before serving. Serve cold or at room temperature. Water mixture is good for 2 days in the refrigerator; add more water as needed as the flavor will lighten a bit but still taste good.