

*Take Truvada
exactly as
prescribed at
the same time
each day.*

Truvada

Truvada® is a medication used to treat human immunodeficiency virus (HIV) or lower your risk of getting HIV. It is a combination of 2 medications — emtricitabine and tenofovir disoproxil fumarate.

Dosage and administration

Your physician and pharmacist will decide how much and how often you should take Truvada. This will be based on how well your kidneys work. Take Truvada exactly as prescribed and take it at the same time each day.

Take Truvada with a full glass of water. You can take it with or without food.

Do not stop taking Truvada until your physician tells you to do so. Refill your prescription before you run out.

Missed dose

It is important not to miss any doses of your medication. Missing a dose will increase your risk of contracting HIV or becoming resistant to Truvada (meaning the medication will not work as well).

If you miss a dose of your medication, take it as soon as you remember unless it is almost time for your next dose. If it is close to your next dose, skip the missed dose and continue at your scheduled time. Never take a double or extra dose of Truvada.

Drug interactions

Tell your physician and pharmacist about all medications you take at home, including prescription, over-the-counter and herbal. Some may affect how Truvada works.

Side effects

Truvada may cause:

- Diarrhea
- Nausea
- Dizziness
- Headache
- Skin discoloration of hands and feet

When to call your physician

Call your physician right away, if you have:

- An allergic reaction, including skin rash, hives, itching or swelling of the lips, tongue or face
- Trouble breathing
- Loss of appetite
- Muscle and/or body aches
- Unusual weakness or tiredness

If you have any questions, please ask your physician or pharmacist.